**MODULE CHOICE FORM**

# **MSc Strength & Conditioning – September 2023 entry**

# **Part-time study (1st Year)**

Please complete the following information.

**Full Name:**

**Student Number:**

**Date of Birth:**

## **Module Choice guidance and Awarding Information.**

To achieve the award **MA Strength and Conditioning**: You must take **a total of 180 credits to complete the award.**

To achieve the award **Postgraduate Diploma in Strength and Conditioning**: You must take **120 credits to complete the award.**

To achieve the award **Postgraduate Certificate in Strength and Conditioning**: You must take **60 credits from SPOM016, SPOM017 and either SPOM019 or SPOM029.**

You can study a minimum of 20 credits to a maximum of 60 credits worth of modules in an academic year. You will study SPOM024: Dissertation, within your final year of study. The course regulations state that you can take a maximum of 5 years to complete the course. Your Student Records team will contact you regarding your second-year modules. Please indicate which modules you would like to study by ticking the relevant box(s).

| **Module Code** | **Module title** | **Status** | **Term** | **Credit Value** | **Tick (🗸)** |
| --- | --- | --- | --- | --- | --- |
| SPOM016 | Strength & Conditioning Techniques | Compulsory | Autumn | 20 |  |
| SPOM015 | Strength & Conditioning Specific Athletes | Compulsory | Spring | 20 |  |
| SPOM017 | Strength & Conditioning Science | Compulsory | Spring | 20 |  |

**Student signature:**

**Date:**

**Please complete this form and email it to** **modulechoices@northampton.ac.uk** **within two weeks, stating in the subject box ‘International’ if you are an International student and ‘FAO Team 2’, if you are a UK or EU student. We recommend that you keep a copy of this form for your records.**