

Test of Competence 2021:
Practice Paper 2 (MCQ)
Adult Nursing
EU Aptitude Test

Question 1		
Which of the following describes a quantitative method of research? Choose the correct answer.		
A	Collection of numerical data	
B	Collating people's views and opinions	
C	Reviewing published research	
D	Exploring a phenomenon by interviewing participants	

Question 2		
When caring for a patient who is Jehovah's Witness (JW), suffering a severe haemorrhage, what do you consider? Choose the correct answer.		
A	They are not to be resuscitated	
B	They are not to receive blood or blood products	
C	They are not to be sedated	
D	They are to be cared for by professionals who are JW	

Question 3		
When a drug error occurs and the patient has been assessed for any harm, what is the next priority? Choose the correct answer.		
A	Continue to administer the next dose	
B	Call the patient's family	
C	Continue your drug round	
D	Inform the patient of what has happened	

Question 4		
A person over the age of 70 with a respiratory disease is encouraged to obtain which of the following immunisations? Choose the correct answer.		
A	Varicella	
B	Flu	
C	Human papillomavirus	
D	Meningitis B	

Question 5		
Which of the following is a health visitor's responsibility? Choose the correct answer.		
A	Supporting the physical and emotional growth of a child	

B	Assessing speech and language development	
C	Giving emergency first aid and treatment in a crisis	
D	Administering immunisations	

Question 6

What are the common complications of uncontrolled blood sugar levels in diabetic patients? Choose the correct answer.

A	Peripheral vascular disease, irritable bowels, and liver failure	
B	Retinopathy, peripheral vascular disease, and renal failure	
C	Renal failure, joint pain, and urinary incontinence	
D	Retinopathy, memory loss, and joint pain	

Question 7

A doctor requests a lactate test to be taken from a very unwell patient. What type of sample is taken? Choose the correct answer.

A	Urine sample	
B	Full blood count	
C	Stool sample	
D	Blood gas	

Question 8

Patients with chronic pain conditions are screened for which of the following? Choose the correct answer.

A	Low mood and depression	
B	Coronary heart disease	
C	Schizophrenia	
D	Bowel cancer	

Question 9

A patient presents with a productive cough, low saturations, high respiration rate, raised lactate with a NEWS2 score of 9. Which of the following does this indicate? Choose the correct answer.

A	Myocardial infarction	
B	Bowel obstruction	
C	Chest sepsis	
D	Deep-vein thrombosis (DVT)	

Question 10

Prior to surgery, how long are oral fluids withheld? Choose the correct answer.		
A	30 minutes	
B	2 hours	
C	4 hours	
D	6 hours	

Question 11		
Patients who are put on furosemide are warned of which common side effect? Choose the correct answer.		
A	Diarrhoea	
B	Constipation	
C	Oliguria	
D	Polyuria	

Question 12		
You are caring for a patient who has a stoma formation, and they are ready for discharge. What advice do you give the patient? Choose the correct answer.		
A	Keep the area moist when changing the bag, advocating the use of oils to help the surrounding skin	
B	Wait until the bag is full before changing it, and clean with soapy water	
C	Use perfumed soaps to aid odour control	
D	Clean with water, trying to keep faecal fluid away from skin to minimise irritation	

Question 13		
What is the responsibility of an occupational therapist? Choose the correct answer.		
A	Supporting people whose health may prevent them from completing their normal activity	
B	Assessing injury or damage in a patient	
C	Assessing someone's ability to see	
D	Reviewing and adjusting prescribed medication	

Question 14		
When discharging an adult who has an acute wound, who is the patient referred to for wound care in the community? Choose the correct answer.		
A	The general practitioner	
B	The district nursing team	
C	The local community hospital	
D	The local emergency department	

Question 15		
When supervising a student nurse, when do you deliver feedback? Choose the correct answer.		
A	At the end of the placement	
B	At the midpoint and end of a placement	
C	Feedback is provided by the university so you do not need to deliver this	
D	Continuously throughout the placement	

Question 16		
Research suggested that the majority of in-hospital cardiac arrests were avoidable. This led to the introduction of what? Choose the correct answer.		
A	National early warning score	
B	Datix reporting	
C	Liverpool care pathway	
D	Sliding scales	

Question 17		
What is the main purpose of a root cause analysis? Choose the correct answer.		
A	To identify who was responsible for the incident and performance-manage them	
B	To ensure that recurrence is avoided	
C	To assess whether those involved require compensation	
D	To provide data on the incident to the Department of Health	

Question 18		
How does a nurse or midwife identify trends in care provision and implement change to improve care?		
A	Through the results of audit, research and evaluation	
B	From ongoing conversations with trusted colleagues	
C	Using one's own preferences and areas of professional interest	
D	Seeing the idea in practice in other midwifery units	

Question 19		
What has been implemented to ensure that nurses are fit to care holistically for patients who have a variety of conditions? Choose the correct answer.		
A	Preceptorship training	
B	New pre-registration education standards	

C	Royal College of Nursing online modules	
D	Ensuring that students have maths and English GCSE	

Question 20

What document could help a nurse to understand the preferences of a patient with dementia? Choose the correct answer.

A	The most recent discharge summary	
B	A handover sheet	
C	The patient's drug chart	
D	A 'This is me' document	

Question 21

There is a requirement to increase nursing staff on a ward following an increase in patient demand. What steps are taken? Choose the correct answer.

A	A business case is written to increase nursing staff numbers	
B	Go directly to human resources (HR) and ask to recruit	
C	Ask the team to increase their working hours	
D	Reduce the number of patients admitted to the ward	

Question 22

When failing a student nurse for professional values, what steps are taken before the end of the placement? Choose the correct answer.

A	No steps are required as long as the fail is documented clearly in the assessment document	
B	A midpoint interview where you are able to give feedback and allow the student to develop an action plan to achieve	
C	Contact the university and get them to inform the student that they have failed the placement	
D	Inform your line manager so that they can inform the student	

Question 23

Which of the following is a framework used to identify areas for development? Choose the correct answer.

A	SNOT analysis	
B	SWOT analysis	
C	SLOT analysis	
D	SWOL analysis	

Question 24		
Choose the correct to complete the sentence. ANTT refers to...		
A	Antiseptic Treatment Technique.	
B	Aseptic Non Touch Technique.	
C	Antiseptic Touch Technique.	
D	Aseptic Non Transmission Technique.	

Question 25		
Which of the following is considered an aerosol-generating procedure? Choose the correct answer.		
A	Performing oral hygiene, brushing teeth	
B	Blood transfusions	
C	Assisting with oral medication	
D	Non-invasive ventilation	

ANSWERS:

- 1) A
- 2) B
- 3) D
- 4) B
- 5) A
- 6) B
- 7) D
- 8) A
- 9) C
- 10) B
- 11) D
- 12) D
- 13) A
- 14) B
- 15) D
- 16) A
- 17) B
- 18) A

EUAT_Adult_practice_paper_2

- 19) B
- 20) D
- 21) A
- 22) B
- 23) B
- 24) B
- 25) D**