

**Test of Competence 2021:**

**Practice Paper 3 (MCQ)**

**Adult Nursing**

**EU Aptitude Test**

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| **Question 1** |
| Choose the four themes of NMC's 'The Code'. Choose the correct answer. |
| **A** | Prioritise patients, practise within your limits, preserve others, promote wellbeing |  |
| **B** | Prioritise yourself, practise with pride, preserve health, promote the NHS  |  |
| **C** | Prioritise staff, practise safely, preserve wellbeing, promote health |  |
| **D** | Prioritise people, practise effectively, preserve safety, promote professionalism and trust |  |

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| **Question 2** |
| When caring for a patient who does not speak English, how do you obtain information from the patient? Choose the correct answer. |
| **A** | Ask a family member to translate |  |
| **B** | Ask the patient to draw pictures  |  |
| **C** | Find the information you need from medical notes |  |
| **D** | Use a face-to-face or online translator |  |

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| **Question 3** |
| A nursing support worker is tipping a patient back to feed them, despite being told that this is dangerous practice. What would be a nurse's first action? Choose the correct answer. |
| **A** | Arrange for another assistant to observe the feed |  |
| **B** | Raise your concerns privately with the manager |  |
| **C** | Discuss this practice at the next team meeting |  |
| **D** | Stop the care assistant formally and raise a concern with the management |  |

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| **Question 4** |
| The HPV (human papillomavirus) vaccination prevents which disease? Choose the correct answer. |
| **A** | Testicular cancer |  |
| **B** | Bowel cancer  |  |
| **C** | Cervical cancer |  |
| **D** | Ovarian cancer |  |

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| **Question 5** |
| Which of the following diseases is notifiable to the National Institute for Health Protection (NIHP)? Choose the correct answer. |
| **A** | Influenza |  |
| **B** | Mumps |  |
| **C** | Clostridium difficile |  |
| **D** | Human papillomavirus |  |

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| **Question 6** |
| In the UK, which of the following childhood diseases has relied on herd immunity? |
| **A** | Mumps |  |
| **B** | Chicken pox |  |
| **C** | Herpes |  |
| **D** | Rota virus |  |

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| **Question 7** |
| Scale 2 on the NEWS2 chart is used for which patient group? Choose the correct answer. |
| **A** | Carbon-dioxide retaining patients |  |
| **B** | Those receiving intravenous therapy |  |
| **C** | Those with a urinary catheter |  |
| **D** | Those who have been exposed to carbon monoxide |  |

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| **Question 8** |
| Which of the following groups has the highest rate of suicide? Choose the correct answer. |
| **A** | Men  |  |
| **B** | Women |  |
| **C** | Elderly over 75 |  |
| **D** | Children under 18 |  |

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| **Question 9** |
| If a patient is taking co-codamol, what non-prescribed medication should they avoid taking alongside it? Choose the correct answer. |
| **A** | Ibuprofen |  |
| **B** | Paracetamol |  |
| **C** | Naproxen  |  |
| **D** | Antacids |  |

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| **Question 10** |
| What group of drugs is used in patient-controlled analgesia? Choose the correct answer. |
| **A** | Paracetamol |  |
| **B** | Non-steroidal anti-inflammatories |  |
| **C** | Opioids |  |
| **D** | Steroids |  |

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| **Question 11** |
| What medication is given to someone to prevent the long-term disabling effects of an acute ischaemic stroke? Choose the correct answer. |
| **A** | Antibiotics |  |
| **B** | Paracetamol |  |
| **C** | Clexane |  |
| **D** | Thrombolysis |  |

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| **Question 12** |
| Why is weighing a patient within 24 hours of admission important? Choose the correct answer. |
| **A** | To establish whether they are dehydrated |  |
| **B** | To enable the correct calculation of medication dosages |  |
| **C** | To determine the type of infection to which the patient is susceptible |  |
| **D** | To ensure the correct size of anti-embolic stockings can be applied to the patient |  |

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| **Question 13** |
| Whose role is it to lobby the government to support nurses and make positive change to the profession and working conditions? Choose the correct answer. |
| **A** | Nursing unions |  |
| **B** | The human resources department |  |
| **C** | Chief executive of the trust  |  |
| **D** | The individual teams of nurses |  |

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| **Question 14** |
| When running a ward or unit, which of the following is the priority at the start of the shift? Choose the correct answer. |
| **A** | Give out the breakfasts  |  |
| **B** | Check that the staff numbers match patient acuity |  |
| **C** | Make sure that a doctor is on the ward  |  |
| **D** | Calling and updating family/carers on the patient's condition |  |

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| **Question 15** |
| As the supervisor of a student nurse, how can you support their learning? Choose the correct answer. |
| **A** | Get them to work with the nurse in charge every shift |  |
| **B** | Ensure that they have multiple people to work with |  |
| **C** | Set goals and action plans for their time on your ward |  |
| **D** | Ensure that they work with the support staff on every shift |  |

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| **Question 16** |
| What is a 'whistle-blowing policy'? Choose the correct answer. |
| **A** | A policy that guides staff on raising concerns about safety and practice |  |
| **B** | A government-led policy that advises trusts on care |  |
| **C** | A major incident policy  |  |
| **D** | A policy that helps employers to manage staff  |  |

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| **Question 17** |
| Who will notify an emergency department that a major external incident has occurred? Choose the correct answer. |
| **A** | The ambulance service lead |  |
| **B** | The nurse in charge of the department |  |
| **C** | The reception lead |  |
| **D** | The hospital press lead |  |

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| **Question 18** |
| When noticing that a colleague is suffering from low mood and depression, what actions should be taken? Choose the correct answer. |
| **A** | Inform their manager, without telling the colleague |  |
| **B** | Refer them to occupational health without discussion |  |
| **C** | Provide support and guide them to wellbeing services  |  |
| **D** | Contact their next of kin and discuss |  |

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| **Question 19** |
| Who is in attendance at a child protection case conference? Choose the correct answer. |
| **A** | All those who are involved with the family from health, education and social services |  |
| **B** | Social services only |  |
| **C** | The team supporting the parent or carer only |  |
| **D** | Health services only  |  |

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| **Question 20** |
| Who should be notified when attending hospital with a school child aged 8? Choose the correct answer. |
| **A** | School teacher |  |
| **B** | Police |  |
| **C** | School nurse/public health community nurse team |  |
| **D** | Local children's centre |  |

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| **Question 21** |
| A patient with complex needs is ready for discharge. The relatives do not feel that she should be discharged. What are the nurse's actions? Choose the correct answer. |
| **A** | Reassure them, explore the anxieties and escalate their concerns to the nurse in charge |  |
| **B** | Tell the family that they need to refer her back to the GP when she is at home |  |
| **C** | Tell the family that the consultant/doctor has the final say and you are unable to change it |  |
| **D** | Call the medical team and cancel the discharge |  |

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| **Question 22** |
| According to Rogers' theory of nursing, which of the following are described as 'core conditions' to effective communication? Choose the correct answer. |
| **A** | Congruence, empathy, respect  |  |
| **B** | Empathy, respect, honesty  |  |
| **C** | Sympathy, respect, regard  |  |
| **D** | Spiritual understanding, sympathy, congruence  |  |

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| **Question 23** |
| What is the best method of delivering advice to a patient who has a new diagnosis of a long-term condition? Choose the correct answer. |
| **A** | Give all the information all at once  |  |
| **B** | Information and diagnosis to be given by a consultant so that questions can be answered effectively  |  |
| **C** | Ensure that a range of materials is available, and present to the patient to take home after the consultation  |  |
| **D** | Advise the patient to look up any questions about the diagnosis on the internet  |  |

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| **Question 24** |
| A wheeze is commonly heard on auscultation in which of the following conditions? Choose the correct answer. |
| **A** | Acute asthma  |  |
| **B** | Pulmonary oedema  |  |
| **C** | Pneumothorax  |  |
| **D** | Pleural effusion  |  |

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| **Question 25** |
| Haematemesis refers to what condition? Choose the correct answer. |
| **A** | Blood in the urine |  |
| **B** | Blood in the stool |  |
| **C** | Blood in the vomit  |  |
| **D** | Blood in the sputum  |  |

**ANSWERS:**

1. **D**
2. **D**
3. **D**
4. **C**
5. **B**
6. **B**
7. **A**
8. **A**
9. **B**
10. **C**
11. **D**
12. **B**
13. **A**
14. **B**
15. **C**
16. **A**
17. **A**
18. **C**
19. **A**
20. **C**
21. **A**
22. **A**
23. **C**
24. **A**
25. **C**