**Test of Competence 2021:**

**Practice Paper 2 (MCQ)**

**Adult Nursing**

**EU Aptitude Test**

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| **Question 1** | | |
| Which of the following describes a quantitative method of research? Choose the correct answer. | | |
| **A** | Collection of numerical data |  |
| **B** | Collating people's views and opinions |  |
| **C** | Reviewing published research |  |
| **D** | Exploring a phenomenon by interviewing participants |  |

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| **Question 2** | | |
| When caring for a patient who is Jehovah's Witness (JW), suffering a severe haemorrhage, what do you consider? Choose the correct answer. | | |
| **A** | They are not to be resuscitated |  |
| **B** | They are not to receive blood or blood products |  |
| **C** | They are not to be sedated |  |
| **D** | They are to be cared for by professionals who are JW |  |

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| **Question 3** | | |
| When a drug error occurs and the patient has been assessed for any harm, what is the next priority? Choose the correct answer. | | |
| **A** | Continue to administer the next dose |  |
| **B** | Call the patient's family |  |
| **C** | Continue your drug round |  |
| **D** | Inform the patient of what has happened |  |

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| **Question 4** | | |
| A person over the age of 70 with a respiratory disease is encouraged to obtain which of the following immunisations? Choose the correct answer. | | |
| **A** | Varicella |  |
| **B** | Flu |  |
| **C** | Human papillomavirus |  |
| **D** | Meningitis B |  |

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| **Question 5** | | |
| Which of the following is a health visitor's responsibility? Choose the correct answer. | | |
| **A** | Supporting the physical and emotional growth of a child |  |
| **B** | Assessing speech and language development |  |
| **C** | Giving emergency first aid and treatment in a crisis |  |
| **D** | Administering immunisations |  |

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| **Question 6** | | |
| What are the common complications of uncontrolled blood sugar levels in diabetic patients? Choose the correct answer. | | |
| **A** | Peripheral vascular disease, irritable bowels, and liver failure |  |
| **B** | Retinopathy, peripheral vascular disease, and renal failure |  |
| **C** | Renal failure, joint pain, and urinary incontinence |  |
| **D** | Retinopathy, memory loss, and joint pain |  |

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| **Question 7** | | |
| A doctor requests a lactate test to be taken from a very unwell patient. What type of sample is taken? Choose the correct answer. | | |
| **A** | Urine sample |  |
| **B** | Full blood count |  |
| **C** | Stool sample |  |
| **D** | Blood gas |  |

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| **Question 8** | | |
| Patients with chronic pain conditions are screened for which of the following? Choose the correct answer. | | |
| **A** | Low mood and depression |  |
| **B** | Coronary heart disease |  |
| **C** | Schizophrenia |  |
| **D** | Bowel cancer |  |

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| **Question 9** | | |
| A patient presents with a productive cough, low saturations, high respiration rate, raised lactate with a NEWS2 score of 9. Which of the following does this indicate? Choose the correct answer. | | |
| **A** | Myocardial infarction |  |
| **B** | Bowel obstruction |  |
| **C** | Chest sepsis |  |
| **D** | Deep-vein thrombosis (DVT) |  |

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| **Question 10** | | |
| Prior to surgery, how long are oral fluids withheld? Choose the correct answer. | | |
| **A** | 30 minutes |  |
| **B** | 2 hours |  |
| **C** | 4 hours |  |
| **D** | 6 hours |  |

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| **Question 11** | | |
| Patients who are put on furosemide are warned of which common side effect? Choose the correct answer. | | |
| **A** | Diarrhoea |  |
| **B** | Constipation |  |
| **C** | Oliguria |  |
| **D** | Polyuria |  |

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| **Question 12** | | |
| You are caring for a patient who has a stoma formation, and they are ready for discharge. What advice do you give the patient? Choose the correct answer. | | |
| **A** | Keep the area moist when changing the bag, advocating the use of oils to help the surrounding skin |  |
| **B** | Wait until the bag is full before changing it, and clean with soapy water |  |
| **C** | Use perfumed soaps to aid odour control |  |
| **D** | Clean with water, trying to keep faecal fluid away from skin to minimise irritation |  |

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| **Question 13** | | |
| What is the responsibility of an occupational therapist? Choose the correct answer. | | |
| **A** | Supporting people whose health may prevent them from completing their normal activity |  |
| **B** | Assessing injury or damage in a patient |  |
| **C** | Assessing someone's ability to see |  |
| **D** | Reviewing and adjusting prescribed medication |  |

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| **Question 14** | | |
| When discharging an adult who has an acute wound, who is the patient referred to for wound care in the community? Choose the correct answer. | | |
| **A** | The general practitioner |  |
| **B** | The district nursing team |  |
| **C** | The local community hospital |  |
| **D** | The local emergency department |  |

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| **Question 15** | | |
| When supervising a student nurse, when do you deliver feedback? Choose the correct answer. | | |
| **A** | At the end of the placement |  |
| **B** | At the midpoint and end of a placement |  |
| **C** | Feedback is provided by the university so you do not need to deliver this |  |
| **D** | Continuously throughout the placement |  |

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| **Question 16** | | |
| Research suggested that the majority of in-hospital cardiac arrests were avoidable. This led to the introduction of what? Choose the correct answer. | | |
| **A** | National early warning score |  |
| **B** | Datix reporting |  |
| **C** | Liverpool care pathway |  |
| **D** | Sliding scales |  |

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| **Question 17** | | |
| What is the main purpose of a root cause analysis? Choose the correct answer. | | |
| **A** | To identify who was responsible for the incident  and performance-manage them |  |
| **B** | To ensure that recurrence is avoided |  |
| **C** | To assess whether those involved require compensation |  |
| **D** | To provide data on the incident to the Department of Health |  |

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| **Question 18** | | |
| How does a nurse or midwife identify trends in care provision and implement change to improve care? | | |
| **A** | Through the results of audit, research and evaluation |  |
| **B** | From ongoing conversations with trusted colleagues |  |
| **C** | Using one's own preferences and areas of professional interest |  |
| **D** | Seeing the idea in practice in other midwifery units |  |

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| **Question 19** | | |
| What has been implemented to ensure that nurses are fit to care holistically for patients who have a variety of conditions? Choose the correct answer. | | |
| **A** | Preceptorship training |  |
| **B** | New pre-registration education standards |  |
| **C** | Royal College of Nursing online modules |  |
| **D** | Ensuring that students have maths and English GSCE |  |

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| **Question 20** | | |
| What document could help a nurse to understand the preferences of a patient with dementia? Choose the correct answer. | | |
| **A** | The most recent discharge summary |  |
| **B** | A handover sheet |  |
| **C** | The patient's drug chart |  |
| **D** | A 'This is me' document |  |

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| **Question 21** | | |
| There is a requirement to increase nursing staff on a ward following an increase in patient demand. What steps are taken? Choose the correct answer. | | |
| **A** | A business case is written to increase nursing staff numbers |  |
| **B** | Go directly to human resources (HR) and ask to recruit |  |
| **C** | Ask the team to increase their working hours |  |
| **D** | Reduce the number of patients admitted to the ward |  |

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| **Question 22** | | |
| When failing a student nurse for professional values, what steps are taken before the end of the placement? Choose the correct answer. | | |
| **A** | No steps are required as long as the fail is documented clearly in the assessment document |  |
| **B** | A midpoint interview where you are able to give feedback and allow the student to develop an action plan to achieve |  |
| **C** | Contact the university and get them to inform the student that they have failed the placement |  |
| **D** | Inform your line manager so that they can inform the student |  |

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| **Question 23** | | |
| Which of the following is a framework used to identify areas for development? Choose the correct answer. | | |
| **A** | SNOT analysis |  |
| **B** | SWOT analysis |  |
| **C** | SLOT analysis |  |
| **D** | SWOL analysis |  |

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| **Question 24** | | |
| Choose the correct to complete the sentence. ANTT refers to… | | |
| **A** | Antiseptic Treatment Technique. |  |
| **B** | Aseptic Non Touch Technique. |  |
| **C** | Antiseptic Touch Technique. |  |
| **D** | Aseptic Non Transmission Technique. |  |

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| **Question 24** | | |
| Which of the following is considered an aerosol-generating procedure? Choose the correct answer. | | |
| **A** | Performing oral hygiene, brushing teeth |  |
| **B** | Blood transfusions |  |
| **C** | Assisting with oral medication |  |
| **D** | Non-invasive ventilation |  |

**ANSWERS:**

1. A
2. B
3. D
4. B
5. A
6. B
7. D
8. A
9. C
10. B
11. D
12. D
13. A
14. B
15. D
16. A
17. B
18. A
19. B
20. D
21. A
22. B
23. B
24. B
25. D