

Healthcare in the UK

Healthcare Services in the UK

There are many different healthcare services which are provided for you in the UK:

- ▶ Doctors
- ▶ Dentist
- ▶ Pharmacy
- ▶ Sexual Health Clinic
- ▶ Hospital
- ▶ Opticians

IHS Charge and using Health Services

If you needed to apply for a visa to come to the UK, you would have paid an Immigration Health Surcharge.

This means that you will be able to make use of these services as if you were a UK citizen:

Doctors Appointments - **FREE**

Dentist – from £22.70 to £269.30 per treatment

Prescriptions (medicines from doctor) - £9.15 per item

Sexual Health Clinic (Provides Contraception) - **FREE**

Hospital (Emergencies Only!) - **FREE**

Opticians (cost will vary)

Register with a GP

- ▶ Visit the Health Centre on Waterside Campus, telephone **01604 892582** or visit

<https://watersidecampushealthcentre.co.uk/new-patients/>

- ▶ If you live off campus, you can find a doctors surgery near where you live:

<https://www.nhs.uk/service-search/find-a-gp>

- ▶ NHS direct website – www.nhs.uk

You will need to bring your passport, visa, proof of address, student card or offer letter.



Latest News



Read our Health & Wellbeing Advice



Register Now >

Good Afternoon - How can we help you?

Book your appointment...



Emergency



Book in advance



Nurse



Online



Telephone

Visiting the Doctor

- ▶ Doctors can be very busy at times. Try to call the surgery to book an appointment as soon as you know you need to see the doctor.
- ▶ Sometimes you may be seen by a nurse practitioner. They are just like doctors and are able to assess and prescribe medicines and advise you on how to get well.
- ▶ If you need medicine, the doctor may give you a prescription. This is a green letter that you will need to take to the pharmacy in order to collect and pay for your medicine.
- ▶ If you are unwell and the doctors are not open, you can call **111** for out of hours help or you can contact your GP for an emergency appointment.
- ▶ For the latest Covid-19 guidance and test information, visit <https://www.nhs.uk/conditions/coronavirus-covid-19/>



Have you had your Men ACWY vaccine before coming to uni?



If the answer is **NO**, you need to **get it now**. Register with a GP and if you are 25 or under, ask for your Men ACWY vaccine

If the answer is **YES**, brilliant, the vaccine will protect against some of the most common causes of bacterial meningitis in the UK
You still need to register with a GP - you never know when you might need them

Pharmacy Services

- ▶ If you have a less serious illness like a cough, a sore throat, or a rash you can visit a pharmacist. They will be able to provide you with medical advice and give you medicine.
- ▶ If you are given a prescription by your doctor, you can collect it from the Pharmacy.
- ▶ Pharmacists also provide free blood pressure/ cholesterol / diabetes testing.

Hospital

- ▶ You will not usually need to visit the Hospital unless you are told so by your doctor or if there is a **serious emergency!**
- ▶ A & E services are available only for **serious injuries** like a car crash or a life threatening injury.
- ▶ To call for an **Ambulance** the **Police** or a **Fire Engine** Call **999**.





**Choking.
Chest pain.
Blacking out.
Blood loss.**

A&E or 999
Emergencies only



**Unwell?
Unsure?
Confused?
Need help?**

Call 111
out of hours



**Vomiting.
Ear pain.
Stomach ache.
Back ache.**

GP Surgery



**Diarrhoea.
Runny nose.
Painful cough.
Headache.**

Pharmacy

If you are absent due to illness

What do you do if you feel unwell and think you may need to miss classes?

It is very important that if you are unwell and you need to miss lessons you **MUST** contact your Tutor and ISS so that we can make a note of this to avoid you getting into trouble.

To let ISS know, email:

attendancecheck@northampton.ac.uk

GUM (Sexual Health) Clinics

- ▶ They can give you advice to make sure you stay safe, healthy and avoid pregnancy.
- ▶ They also provide checks to make sure that you do not have any sexually transmitted diseases or infections.
- ▶ They can provide you with any antibiotics or medicine if you need this.
- ▶ Do not be embarrassed if you need to visit the clinic. They are here to help you and answer any questions you have about sexual health.
- ▶ Your nearest clinic is at Northampton General Hospital.
Telephone: **01604 609766** or the Outreach Service
Hotline Telephone: **0845 602 3511**

