



DementiaUK

Helping families face dementia

The dementia challenge 2018-2020

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Registered Charity Number
1039404

Prevalence

- 850,000 people with dementia in the UK.
- This figure is expected to rise to over 1 million by 2025 and 2 million by 2051.
- one person every three minutes develops dementia



Implications

- Rise in population with dementia
- Majority live in their own homes
- Family members save the nation £11 billion by providing care
- Multiple health and social care needs
- Patchy services

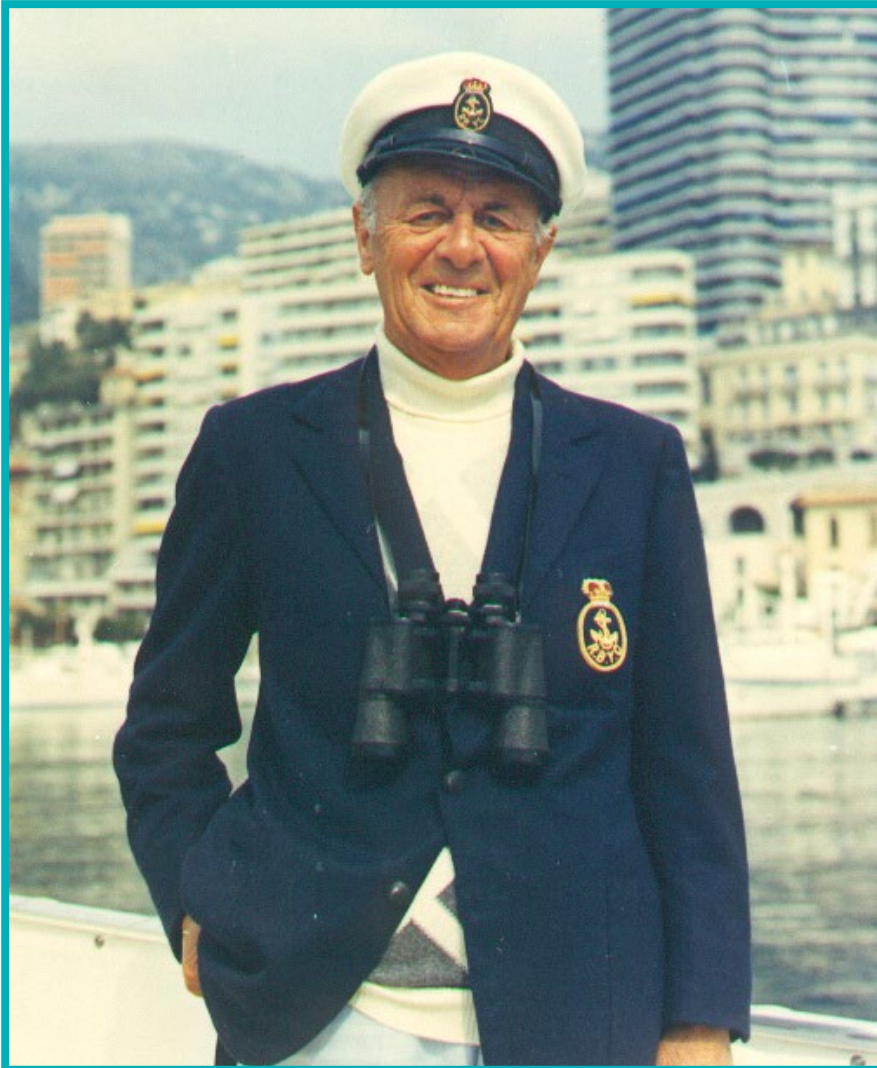
Health and social care and dementia: the lived reality

- Limited resources in local area
- Accessibility to services
- Artificial separation between the health and social care needs of dementia
- Carers assessment and support patchy
- Preferred providers issues
- Consent issues

What does Dementia UK do?

- National influence on specialist post diagnostic support and interventions.
- Provides specialist dementia support to families through Admiral Nurses.
- Professional development of Admiral Nurses.

What are Admiral Nurses?



- Family Experience
- Specialist Dementia Nurses
- Work in Partnership
- Family Focus

Admiral Nurses – Areas of Practice



Community



**Care
homes**



**Admiral
Nurse
Dementia
Helpline**



**Acute
hospital**



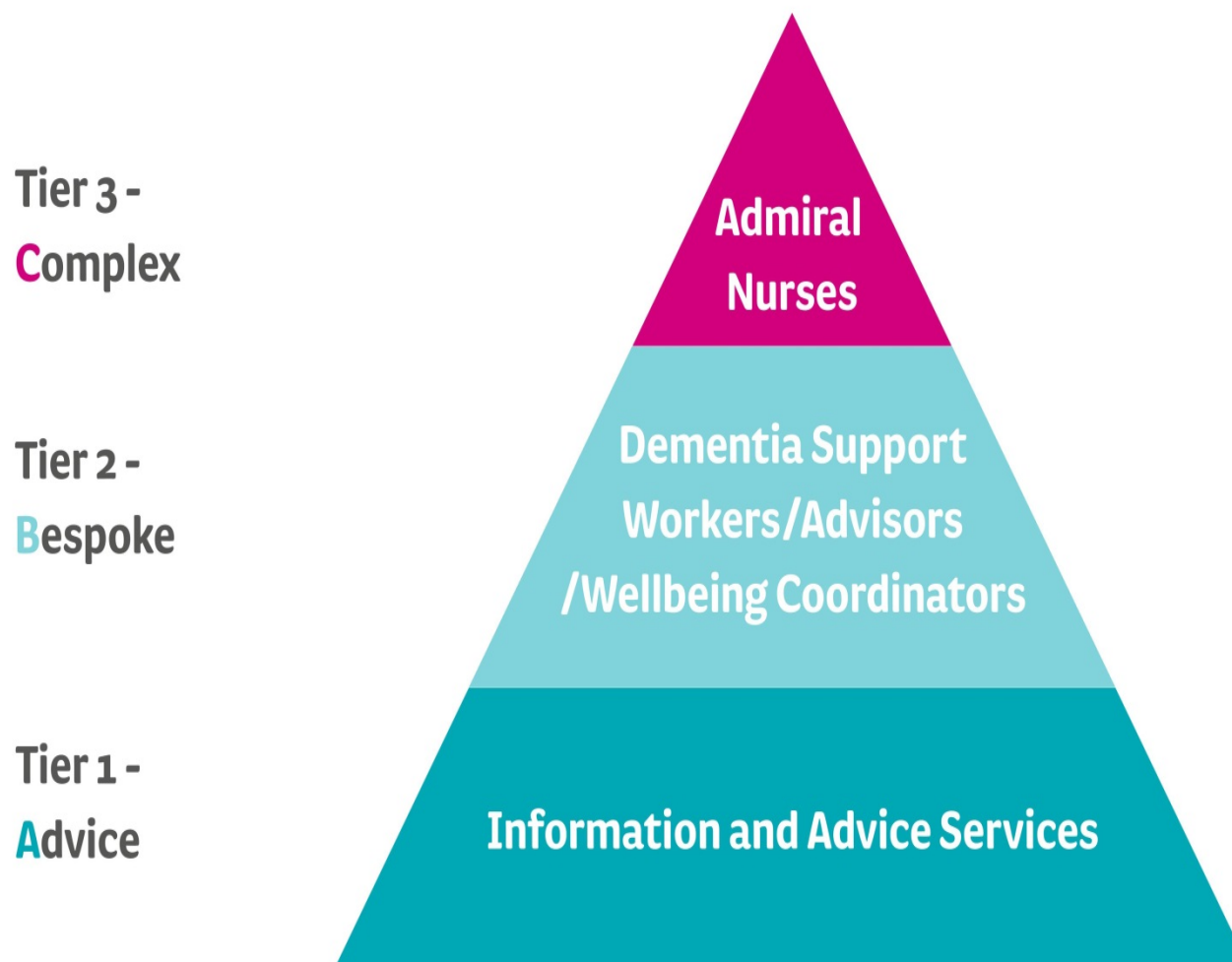
**Home
care**



Hospice



The Tiered Model - ABC



Supporting people with multiple and complex needs (Tier 3 interventions)

| | Issue |
|--|--|
| Physical/ mental health of the person with dementia | Person with dementia demonstrates high levels of distress, poor physical/ mental health leading to decrease in well-being and carer (s) has difficulty with coping, poor understanding, indication of stress, anxiety or depression |
| Physical/ mental health of carer (s) | Carer demonstrates poor physical mental health/ well-being, which has negative impact on care giving/ relationship and/ or adverse effect on person with dementia's well-being/ neglect |
| Care- giving skills and/or carer coping-strategies | Poor understanding and difficulty with coping, poor family dynamics which has negative impact on well-being & care-giving/ relationship and/or adverse effect on person with dementia's well-being/ neglect |
| Risk (may involve referral to other service) | Adverse effect on carer and/or person with dementia i.e. mental/ physical health, abuse, well-being |

Evaluation outcomes-1

1. Positive experience of Admiral Nurse service:

- 99% of family carers said Admiral Nurse provided emotional support
- Stakeholders said Admiral Nurses were: “responsive”, “approachable”, “worked in collaboration”
- Admiral Nurses differed from others in level of expertise and the support they gave to the whole family.

Evaluation outcomes- 2

2. Improved quality of life for families affected by dementia:

- Families reported they were better able to care for:
 - a family member with dementia
 - themselves
- Improved confidence providing care
- Improved coordination of care
- Enabled inclusion in decision making

Evaluation outcomes-3

3. Delaying and reducing the need for care and support.

- 86% families said they would have struggled on their own
- 70% said they would have seen their GP more
- Health and social care stakeholders said the Admiral Nurse service:
 - reduced their contact time
 - avoided crises
 - reduced hospital admissions
 - delayed care home admission

Admiral Nurses save money!

£400,000+ saved in an integrated community model over 10 months

- ✓ Decreased of unnecessary admissions to hospital
- ✓ Reduction or delay in admissions to residential or nursing homes
- ✓ Increased diagnosis rates
- ✓ Increased well-being reported by people living with dementia
- ✓ Families felt supported – anxiety and stress reduced

£322,000+ saved in acute hospital costs over 18 months

- ✓ Reducing 'specialing' costs
- ✓ Improved carer satisfaction
- ✓ Improved recognition and staff understanding

Supporting best practice

- Provide education, leadership, development and support to other colleagues
- Awareness raising
- Developing and supporting best practice
- Clinical supervision and mentorship
- Academic partnerships to advance research & learning

And finally, Admiral Nurses Help Build Resilience in Families

- Helping maintain relationships
- Supporting families through difficult transitions
- Providing specialist emotional support and advice to families





**THANK YOU FOR LISTENING
ANY QUESTIONS?**

**The Admiral Nurse Dementia
Helpline: 0800 888 6678
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