

Welcome to Podiatry BSc (Hons)

The Podiatry team wishes to welcome students embarking on the BSc (Hons) Podiatry programme, within the Faculty of Health & Society, The University of Northampton.

The BSc (Hons) Podiatry programme is designed in a systematic manner using a modular approach enabling students to be taught underlying theory, but also to regularly apply this, in our dedicated University Podiatry Clinic. The degree prepares you to be eligible for work as a registered Podiatrist in the UK, either in the NHS or Private Sector, as well as to work overseas. Podiatry is a health profession that has the potential to make a difference to a variety of people, of all ages, through treatment of the feet and lower limb.

Throughout the programme there will be a commitment to the integration of research, evidence based health care, and clinical skills development. In addition to developing practical skills in our own clinical facility, students will have the opportunity become adept in assessment and treatment of patients in a range of alternative placement settings. Additionally, during the programme, students are invited to attend sessions at The University of Leicester Medical School, to augment their understanding of Lower Limb Anatomy.

The BSc (Hons) Podiatry programme is delivered as a standard full-time route, lasting three years. All our graduates gain an academic degree with which they may apply for registration with the Health and Care Professions Council (HCPC), licensing them to practice autonomously. Subsequently, The University of Northampton offers a variety of options for Postgraduate Study, should students wish to gain further skills, or undertake research. For example; Independent Prescribing, Advanced Injection Techniques and Management of the 'At Risk' limb.

You will be taught by qualified Podiatrists who have obtained additional teaching qualifications, Masters, or PhD qualifications. Our teaching staff have a wealth of clinical experience and expertise in Sports injury, Paediatrics, Anatomy, Physiology and the Diabetic



Foot. Thus, they are equipped to nurture students' specific interests and support their progression towards a career in Podiatry.

Your Journey

Stage 1

At Stage 1, students will study Anatomy, Physiology, Research Methods, Pathology and Clinical Studies. Anatomy includes a series of 10, Cadaver Dissection Sessions at Leicester Medical School. It also involves the study of Kinesiology and bone structure in the Lower Limb. Physiology involves Physiology lab work, with a focus upon homeostatic function of the body. Research Methods augments the skills associated with critiquing the evidence base of the profession. Pathology encompasses the study of disease and the body's defence mechanisms. Clinical Studies involves weekly preclinical skills sessions, focusing on; Infection Control, Developing manual dexterity in scalpel work, Management of nail pathologies, Application of sterile dressings, Sensory, motor and vascular assessment and Health and safety in the clinical environment. During 1st Year, students will begin assessing and treating patients, weekly, in the Spring Term and will undertake a 1 week NHS placement, at the end of the Summer Term.

Stage 2

At Stage 2, students will study Podiatric Medicine, Pharmacology, Orthopaedics, Research Methods and Clinical Studies. Podiatric Medicine includes the study of specific Podiatric issues, including dermatology and understanding how systemic diseases, such as heart disease impact the Lower Limb. Pharmacology involves the study of local analgesia and understanding how medications work, at a cellular level. Orthopaedics encompasses the study of complexities encountered within the Musculoskeletal system. Research Methods involves the development of an independent research protocol. Clinical Studies focuses on; The prescription and manufacture of orthoses, Cryo surgery, Diabetic review and allows students to further develop the professional skills obtained during the 1st Year. Students will be required to attend a fortnightly NHS placement, in the Autumn and Spring Terms. A 3 week National/International placement will be undertaken in the Summer Term, in the NHS or HCPC registered Private Practice.

Stage 3

At Stage 3, students will study The Foot at Risk, Dissertation, Sports and Paediatrics, Surgery and Orthopaedics and Clinical Studies. The Foot at Risk module involves management of the vulnerable lower limb, such as patients with diabetes, rheumatoid arthritis and HIV. The Dissertation module builds on the level 5 Research Methods module; you will undertake an independent, critical, analytical, in depth study of data and the research base for practice on a selected topic. The submission must be relevant to your professional discipline to identify implications for practice. The Sports and Paediatrics module focuses on the specific skills required to assess, diagnose and treat patients with sports related conditions and children. The Surgery and Orthopaedics module includes developing knowledge of surgical procedures. Clinical Studies includes series of lectures on professional practice and exciting series of

external, NHS placement rotations, including Podiatric Surgery, Orthopaedics and Diabetes, working alongside multi-disciplinary teams.

Pre-programme activities

1. Please Note - We don't recommend that you buy any books before you start the course. Module leads will give you a reading list at the start of the term. There are lots of books in the library, some to borrow, some reference and others are electronic books. Many of the learnignresources for the programme are provided for you, on Nile.
2. We recommend that you access The College of Podiatry Website: <https://www.scpod.org>. This is our professional body in the UK and their website contains information relating to the profession, that may be useful for you to explore, prior to commencing the programme.
3. Preparing yourself for academic study at a University is important. Referencing is a key academic requirement to success when studying your degree. The following link takes you to the University of Northampton Referencing Tutorial: <http://library.northampton.ac.uk/liberation/ref/>. This tutorial will guide you through the referencing system we use within the degree and is worthwhile completing before you attend university.
4. As you enrol on this degree programme, you are agreeing to be bound by standards set out by the Health Care Professions Council, our regulatory body. These standards are set to ensure that all health practitioners perform and behave in an appropriate and acceptable manner conducive to our clients. Click on the link, download and access these standards; <https://www.hpcuk.org/assets/documents/10002C16Guidanceonconductandethicsforstudents.pdf>. It is important that you are familiar on its content so that you can understand and perform the requirements expected during your studies.
5. To arrange access to our pre- Nile site, to access additional information, please contact lisa.chandler@northampton.ac.uk.

We look forward to seeing you in September!



2018 Welcome Week Timetable - BSc Podiatry

Time	Monday 24 th September	Tuesday 25 th September	Wednesday 26 th September	Thursday 27 th September	Friday 28 th September
9am	<p>Expectations of University Life</p> <p>Group 2 - 9.30 – 10am Senate (SN) 208 Student academic support & Lisa Chandler</p>		<p>Introduction to Anatomy Module 9.30-10.30am Groups 1 & 2 Podiatry Clinic - Paul Fletcher</p> <p>Introduction to Pathology Module Groups 1 & 2 10.30-11am Podiatry Clinic - Lisa Chandler</p>	<p>Induction, Social belonging, Team building</p> <p>Group 1 - 9am – 12pm Learning Hub (LH) 124 Fiona Dickenson</p> <p>Group 2 - 9am – 12pm Senate (SN) 214 Lisa Chandler</p>	
10am	<p>Expectations of University Life</p> <p>Group 1 - 10.30 – 11am Senate (SN) 208 Student academic support & Fiona Dickenson</p>				
11am	<p>SU activities</p>				
12am		<p>Academic, digital and employability skills</p>	<p>Subject orientation and Introduction to Physiology module</p>		

		<p>Group 1 - 12 – 3pm Learning Hub (LH) 126 Learning Library Services, Changemaker team & Fiona Dickenson</p> <p>Group 2 - 12 – 3pm Learning Hub (LH) 113 Learning Library Services, Changemaker team & Lisa Chandler</p>	<p>Group 1 - 12pm – 3pm Senate (SN) 306 Fiona Dickenson</p> <p>Group 2 - 12pm – 3pm Senate (SN) 313 Lisa Chandler</p>		
				<p>12.30-2pm Groups 1 & 2 Lunch at the Podiatry Clinic & Meet the Team (sponsored by Flexitol)</p>	
1pm					
2pm				<p>Are you ready? Podiatry Clinic</p> <p>Group 1 – 2pm – 2.30pm Fiona Dickenson</p> <p>Group 2 – 2pm – 2.30pm Lisa Chandler</p>	
3pm					