

# Welcome to Midwifery BSc (Hons)

The Academic Team who lead the BSc (Hons) Midwifery programme at the University of Northampton are all registered midwives. Our backgrounds and interests are varied and our skills complement each other and we are excited and enthusiastic about helping you to develop your skills to become the midwives of the future.

To facilitate a smooth transition from studying at level three to moving into Higher Education, you will have been invited to two events after receiving your Conditional Offer – a 'Discovery Day' at your allocated Host Site, and a 'Briefing Day' at Park Campus. You will also have been issued with a link to a website where we will be uploading interesting links and important information for you to read and digest over the summer. Key information is summarised below which will also be on this website.

Please contact the admissions team via the emails below if you have any difficulties with this link:

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We look forward to welcoming you in September for the start of your journey to becoming a registered midwife.

## The course

Key information about the course is available via the course website and we strongly encourage you to read it again prior to starting:

<https://www.northampton.ac.uk/study/courses/midwifery-long-programme-bsc-hons/>

The website explains our philosophy of grounding the student in pregnancy for most women and their families as being a normal physiological event. This is developed in years two and three as the student's explore health challenges, complications and emergency scenarios.

## Academic support

Developing academic study skills is key to your success on the programme. You may find the following sources interesting to help you with your studies:

<https://mypad.northampton.ac.uk/llsmidwifery/>

## Clinical practice v time in university

A course plan is helpful for you to understand how you will divide your time between academic and clinical practice. The course plan gives you an example of where you will spend your time throughout the three years of study:

## **BSc (Hons) Midwifery Programme Recommended Reading**

Please find below some of the key texts that will be used throughout the BSc (Hons) Midwifery Programme. At the beginning of each module you will be given a reading list of recommended/essential reading material to support your theory modules and clinical practice. These will be available on the individual module NILE sites.

Please note that we are certainly **not** recommending that you buy all (or any) of the texts listed below but simply that these are suggested resources of reading prior to commencing and during the course.

### **Essential**

MacDonald,S. & Magill-Cuerden,J. (eds.) (2011) *Mayes' Midwifery: a textbook for midwives*. 14<sup>th</sup> ed. London: Bailliere Tindall.

### **OR**

Marshall, J. & Raynor, M. (eds.) (2014) *Myles Textbook for Midwives*. 16<sup>th</sup> ed. Edinburgh: Churchill Livingstone Elsevier.

N.B. Both of these textbooks contain very similar information but present that information in a different format so it is recommended if you intend to purchase a midwifery textbook that you choose one of the texts above **not both**. They will be available to access as ebooks once you are registered at the University.

### **Other Initial Texts**

#### **Anatomy and Physiology**

The key anatomy and physiology textbook that will be referred to throughout the first year is:

Waugh,A. & Grant,A. (2014) *Ross and Wilson Anatomy and Physiology in Health and Illness*. 12<sup>th</sup> ed. Edinburgh: Elsevier Churchill Livingstone.

(There are many textbooks around, a number are American and in some detail. We will be signposting you to key chapters and online resources throughout the first year A&P module.)

#### **Anatomy and Physiology Applied to Midwifery**

The two main A&P books applied to midwifery are as follows:

Coad, J. & Dunstall, M. (2011) *Anatomy and Physiology for Midwives*. 3<sup>rd</sup> ed. Edinburgh: Elsevier Churchill Livingstone.

Stables, D. & Rankin, J. (2010) *Physiology in childbearing with anatomy & related biosciences*, 3<sup>rd</sup> ed. Bailliere Tindall Elsevier.

These are very detailed and will be useful sources of reference for you throughout the programme.

## **Clinical Practice - Midwifery**

Learning clinical skills is an essential element of the course. Much information and opportunity to develop such skills will be offered however you might like to support this with:

Johnson, R. and Taylor, W. (2016) *Skills for Midwifery Practice*. 4<sup>th</sup> ed. Edinburgh: Elsevier Churchill Livingstone.

Baston, H., Hall, J. & Henley-Einion, A. (2009) *Midwifery Essentials, Volume 1, Basics*. Edinburgh: Elsevier Churchill Livingstone.

Baston, H. & Hall, J. (2009) *Midwifery Essentials, Volume 2, Antenatal*. Edinburgh: Elsevier Churchill Livingstone.

Baston, H. & Hall, J. (2009) *Midwifery Essentials, Volume 3, Labour*. Edinburgh: Elsevier Churchill Livingstone.

Baston, H. & Hall, J. (2009) *Midwifery Essentials, Volume 4, Postnatal*. Edinburgh: Elsevier Churchill Livingstone.

## **Research Skills**

Research/best evidence is necessary to support clinical practice. One text to consider is:

Steen, M. & Roberts, T. (2011) *The handbook of midwifery research*. Chichester: Wiley-Blackwell

## **Care of the Newborn**

Care of the newborn is integral to the childbearing process so the following text might offer some insight into relevant care:

Lumsden, H. & Holmes, D. (eds.) (2010) *Care of the Newborn by Ten Teachers*. London: Hodder Arnold.

## Midwifery and Law

Midwifery Practice is governed by law therefore a text which gives a broad overview of such is:

Griffith, R., Tengnah, C. & Patel, C. (2010) *Law & professional issues in midwifery*. London: Learning Matters/SAGE

## Drug Administration

Drug administration plays a valuable part in the care of women during the childbearing process. The following text will support the core texts:

Jordan, S. (2010) *Pharmacology for Midwives: the evidence base for safe practice*. 2<sup>nd</sup> ed. Basingstoke: Palgrave Macmillan.

## Current Midwifery Agendas

Agenda's within midwifery practice are constantly changing and adapting to meet the needs of its service users, these texts provide an overview of some of the most current ones:

Peate, I. & Hamilton, C. (eds.) (2014) *The student's guide to becoming a midwife*. Chichester: Wiley-Blackwell.

Mander, R. & Fleming, V. (2009) *Becoming a Midwife*. Oxon: Routledge.

## Study Skills

Study skills will be covered within the first term, however the following text may help to develop or reinforce current knowledge:

Maslin-Prothero, S. (2005) *Bailliere's study skills for nurses and midwives*. 3<sup>rd</sup> ed. Edinburgh: Bailliere Tindall.

A dictionary is important. A good one will support the spelling of words which may be new.

Tiran, D. (2012) *Bailliere's Midwives' Dictionary*. 12<sup>th</sup> ed. Edinburgh: Bailliere Tindall.

As mentioned we are not recommending that you purchase all or any of these texts they are for background reading and are recommended as indicative texts only. We hope you find the references useful to support your preparation for the BSc (Hons) Midwifery programme.

Year	Week	Start Date	End Date	Notes
Year 1	1	25/Sep/17	2/Oct/17	Freshers Week
	2	9/Oct/17	16/Oct/17	Theory Weeks
	3	23/Oct/17	30/Oct/17	Theory Weeks
	4	6/Nov/17	13/Nov/17	Theory Weeks
	5	20/Nov/17	27/Nov/17	Theory Weeks
	6	4/Dec/17	11/Dec/17	Theory Weeks
	7	18/Dec/17	25/Dec/17	Theory Weeks
	8	1/Jan/18	8/Jan/18	Theory Weeks
	9	15/Jan/18	22/Jan/18	Theory Weeks
	10	29/Jan/18	5/Feb/18	Theory Weeks
	11	12/Feb/18	19/Feb/18	Theory Weeks
	12	26/Feb/18	5/Mar/18	Theory Weeks
Year 2	1	24/09/2018	1/Oct/18	Theory Weeks
	2	8/Oct/18	15/Oct/18	Theory Weeks
	3	22/Oct/18	29/Oct/18	Theory Weeks
	4	5/Nov/18	12/Nov/18	Theory Weeks
	5	19/Nov/18	26/Nov/18	Theory Weeks
	6	3/Dec/18	10/Dec/18	Theory Weeks
	7	17/Dec/18	24/Dec/18	Theory Weeks
	8	31/Dec/18	7/Jan/19	Theory Weeks
	9	14/Jan/19	21/Jan/19	Theory Weeks
	10	28/Jan/19	4/Feb/19	Theory Weeks
	11	11/Feb/19	18/Feb/19	Theory Weeks
	12	25/Feb/19	4/Mar/19	Theory Weeks
Year 3	1	11/Mar/19	18/Mar/19	Theory Weeks
	2	25/Mar/19	1/Apr/19	Theory Weeks
	3	8/Apr/19	15/Apr/19	Theory Weeks
	4	22/Apr/19	29/Apr/19	Theory Weeks
	5	6/May/19	13/May/19	Theory Weeks
	6	20/May/19	27/May/19	Theory Weeks
	7	3/June/19	10/June/19	Theory Weeks
	8	17/June/19	24/June/19	Theory Weeks
	9	1/July/19	8/July/19	Theory Weeks
	10	15/July/19	22/July/19	Theory Weeks
	11	29/July/19	5/Aug/19	Theory Weeks
	12	12/Aug/19	19/Aug/19	Theory Weeks
13	26/Aug/19	2/Sept/19	Theory Weeks	
14	9/Sept/19	16/Sept/19	Theory Weeks	
15	23/Sep/19	30/Sep/19	Theory Weeks	
16	7/Oct/19	14/Oct/19	Theory Weeks	
17	28/Oct/19	4/Nov/19	Theory Weeks	
18	11/Nov/19	18/Nov/19	Theory Weeks	
19	25/Nov/19	2/Dec/19	Theory Weeks	
20	9/Dec/19	16/Dec/19	Theory Weeks	
21	23/Dec/19	30/Dec/19	Theory Weeks	
22	6/Jan/20	13/Jan/20	Theory Weeks	
23	20/Jan/20	27/Jan/20	Theory Weeks	
24	3/Feb/20	10/Feb/20	Theory Weeks	
25	17/Feb/20	24/Feb/20	Theory Weeks	
26	2/Mar/20	9/Mar/20	Theory Weeks	
27	16/Mar/20	23/Mar/20	Theory Weeks	
28	30/Mar/20	6/Apr/20	Theory Weeks	
29	13/Apr/20	20/Apr/20	Theory Weeks	
30	27/Apr/20	4/May/20	Theory Weeks	
31	11/May/20	18/May/20	Theory Weeks	
32	25/May/20	1/June/20	Theory Weeks	
33	8/June/20	15/June/20	Theory Weeks	
34	22/June/20	29/June/20	Theory Weeks	
35	6/July/20	13/July/20	Theory Weeks	
36	20/July/20	27/July/20	Theory Weeks	
37	3/Aug/20	10/Aug/20	Theory Weeks	
38	17/Aug/20	24/Aug/20	Theory Weeks	
39	31/Aug/20	7/Sept/20	Theory Weeks	
40	14/Sept/20		Theory Weeks	

**Key for course weeks**

F Freshers Week

Theory Weeks

22.5 hours practice, 15 hours theory \* One day in University

30 hours practice, 7.5 hours theory

3 weeks annual leave, 112.5 hours theory and 225 hours practice of which upto 75 hours can be volunteering

3 weeks annual leave, 75 hours theory and 225 hours practice of which upto 75 hours can be volunteering

37.5 hours in placement, to include 15 hours theory time within these 12 weeks

**Specialist Placements**

**Year 1 - Gynae - 60 hours in practice**

**Year 2 - Neonatal (NNU) - 60 hours in practice**

**Year 3 - Critical Care - 60 hours in practice**

Checked for accuracy: Date