## Typical Timetables

Example of full-time route – to be completed within one academic year

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| **Trimester 1** | **Trimester 2** | **Trimester 2&3** |
| Musculoskeletal Training & Adaptation  *Wed 9am-1*2noon | Applied training Methods    *Wed 9am-12noon* | Dissertation |
| Advanced Training Methods  *Wed 12.30-3.30pm* | Cardiovascular Response & Adaptation  *Wed 12.30-3.30pm* | ​ |
| Injury Assessment and Management  *Wed 4.00pm -7.00pm* | Research Methods: Quantitative Statistical Analyses  *Wed 4.00pm -7.00pm* | ​ |

Example of part-time route – usually completed within 3 years

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|  | **Trimester 1** | **Trimester 2** | **Trimester 2&3** |
| Year 1 | Musculoskeletal Training & Adaptation  *Wed 9am-1*2noon    Injury Assessment and Management  *Wed 4.00pm -7.00pm* | Cardiovascular Response & Adaptation  *Wed 12.30-3.30pm*    Research Methods: Quantitative Statistical Analyses  *Wed 4.00pm -7.00pm* | Dissertation |
| Year 2 | Advanced Training Methods  *Wed 12.30-3.30pm*    Dissertation | Applied Training Methods  *Wed 9am-12noon*      Dissertation | ​ |