# Individuals and start-up business

Enterprise Coaching is a part of the project that supports people to explore the option of self-employment, whether individuals are already employed and would like to discuss starting a business as an additional income or to turn a hobby into a business, or if they have been unemployed for some time and are finding it hard to get permanent employment and want to explore other options, Enterprise4Corby is the service for all business start-up needs and can offer impartial, confidential, supportive and motivational coaching, advice and guidance.

Enterprise Coaching offers a wide range of services:

* access to a personal enterprise coach to help individuals find a direction that is suitable for them
* personal development workshops (CAN DO+ series) that will support clients to develop goals, learn how to overcome financial barriers and creatively explore self-employment
* support to develop a business idea with a business adviser and business development coaching sessions
* business advice and guidance through detailed and easy to understand ‘Enterprise & You’ workshops
* continuous support from before the seed of a business idea to start up and beyond

The workshops cover elements around exploring self-employment and are open to all individuals whether they have a business idea in mind or not. If individuals have a definite business idea there are detailed, informative and creative workshops to attend, which support the individual on their journey of starting their business.

Individuals can sign up for one to one support by phoning 01536 560518.

Due to the nature of the workshops numbers are limited. January saw the start of our training and all were fully booked, please contact 01536 560518 to register your interest in attending or email [abi.simms@northampton.ac.uk](mailto:abi.simms@northampton.ac.uk) who will be happy to help.

HMRC have developed an [online system](http://www.hmrc.gov.uk/courses/syob/syob/index.html) that provides step by step guidance in setting up and registering a business with HMRC. This tool is interactive and has a range of useful information to support you in ensuring that your business is set up and registered correctly. If you need further information or support with using the link please contact Abi Simms on 07713 087951 or on email [abi.simms@northampton.ac.uk](mailto:abi.simms@northampton.ac.uk).